



# CULTURAL EXCHANGE PROGRAM

## Course Overview:

Be impressed by amazing cultures and enjoy the Thai cultural exchange, including the incredible Thai Boxing Class, Thai Cooking Class and fascinating Thai Dance and Thai National Costume. It's time to celebrate diversity to learn and understand each other's perspectives, interests and culture.

## Course Objective:

To advocate opportunities for all participants to attend and discover the Thai Cultural exchange; Thai Martial Arts, Thai Cooking Class and Thai Dance & Costume.

## Learning Outcomes:

Participants will cultivate with cultural heritage in term with amazing Thai culture.

## Cultural materials:

All participants will receive a Thailand surprise box which contains a local stuff related the cultural activity by international post mail before starting the program.

## Course Schedule:

Day	Thailand time	Program
Mon 7 March 2022	10.00 AM – 11.30 AM	Thai Dance & Thai National Costume
Fri 18 March 2022	09.00 AM – 11.00 AM	Thai Boxing & Thai Cooking Class

\*Please note that activities and dates are subject to change

### Level of course:

Elementary

### Instructors:

Mr. Vaitit Duriyaungoon  
Mr. Thanaphat Laucha  
Ms. Pathita Leeperawitit  
Mahidol University, Thailand

### Program period:

7<sup>th</sup> March 2022  
Thailand time: 10:00 AM - 11:30 AM  
(After the opening ceremony)

18<sup>th</sup> March 2022  
Thailand time: 9:00 AM - 11:00 AM  
(Followed by the closing ceremony)

### Venue:

Online platform, Cisco Webex Meetings

### Teaching methods:

LIVE workshop and presentations  
This program is not for credit but all participants must attend both activities.